

# YOUR VOICE ADVOCACY & WEST GLAMORGAN PEOPLE FIRST



Mini News  
September 2026

Charity no. 1001271 Company No. 2553487

# It's been awhile



How have you  
been?  
We have been busy!



We had a Summer  
Fayre, it was great  
to see lots of  
members show up.



Our Thursday group  
had a day trip to  
Margam Park which  
was lots of fun.

# Voice your opinions



Do you have issues in your area that we should all work on?



Come join our self-Advocacy group to let your All Wales People First reps know.



Talk to Ann for Neath Or Adam for Swansea.



Our advocacy group will be working together to make sure your voice is heard in care and support!

# Museum Project Taster Day



Your Voice Advocacy and the Dylan Thomas Centre are making paid job roles for adults with learning disabilities.



Join our taster session run by volunteers and staff to hear about it!



Drop-in at the Dylan Thomas Centre, SA1 1RR  
1pm to 2pm Thursday  
1st October 2026

# Groups



The Monday Club  
Monday 1 – 3 pm  
Town Hall, Neath

---



Brunch Buddies,  
Tuesday 10.30 - 1 pm  
Bank Statement, Swansea

---



Social friendship Group  
Wednesday 5 - 7 pm  
Goleudy, Swansea

---



Mental Health and  
Wellbeing Group  
Thursday 10.30 - 12.30  
St Pauls Centre, Port  
Talbot, SA12 6DQ

---



Advocacy Group  
Thursday 1 - 3 pm  
Dylan Thomas Centre  
Zoom: 559 295 8352  
Passcode: GG5EDR

# Wordsearch

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| s | q | u | i | r | r | e | l |
| x | b | o | n | f | i | r | e |
| p | u | m | p | k | i | n | a |
| a | q | s | k | l | x | w | f |
| p | c | w | c | j | h | i | f |
| p | e | o | s | a | g | n | d |
| l | r | y | r | o | r | d | s |
| e | t | u | i | n | p | y | a |

Can you find these 8 autumn words?

- leaf 
- apple 
- pumpkin 
- windy 
- bonfire 
- squirrel 
- acorn 
- scary 

# Your Health Check



You can have a health check each year.



Ask your GP to check the learning disability register for you!



Have you had your health check?  
How did it go?



Let us know by email or come to Advocacy Group.

# Get in touch

**Your Voice Advocacy**  
**Forge Fach Centre**  
**Clydach**  
**SA65EJ**



**07548832614**



**info@yourvoiceadvocacy.org.uk**



**Facebook**  
**YouTube**  
**TikTok**  
**Insight**



**www.yourvoiceadvocacy.org.uk**